

Weinberg Screening Affective Scale (WSAS)

(note: all questions are scored yes / no)

INSTRUCTIONS:

We would like to ask you some very serious and very important questions. We want to know how you feel about yourself. If you agree with the statement, circle yes. If you do not agree with the statement, circle no. We consider these questions and your answers very important.

1. I will try to give my honest feelings on these questions.
2. I feel dumb and stupid too much of the time
3. I can't do my homework anymore.
4. I wish that I could stay in bed all day.
5. I can't do anything right.
6. Sometimes I wish I were dead.
7. I don't like other people.
8. I don't like school anymore.
9. I feel sad too much of the time.
10. I can't do my school work anymore, it's too hard.
11. It's hard to have any fun anymore.
12. School makes me feel sick.
13. I have too many bad moods.
14. This is not a good world.
15. I don't like to eat anymore.
16. I feel lonely too much of the time.
17. I have too much trouble remembering things.
18. Nothing is ever done the way I like it.
19. I eat too much.
20. I am not as good as other people.
21. It seems like I'm always in trouble for fighting and that is not fair.
22. I have gained too much weight.
23. I have too many headaches.
24. I don't want to go to school anymore.
25. I don't have fun playing with my friends anymore.
26. I feel too tired to play.
27. It seems like some part of my body always hurts me.
28. It makes me feel good to tease other people.
29. People are always talking about me when I'm not there.
30. I can't sit still and that is a problem for me.
32. My friends don't want to be with me anymore.
33. I can't concentrate on my work.
34. I daydream too much in school.
35. I never seem to be able to finish my work in school.
36. I have too many stomach aches.
37. I have too many aches and pains in my muscles.
38. I don't want to get out of bed in the morning.
39. I talk too much and that causes a problem for me.
40. I'm always grouchy and that's bad.
41. It's hard to fall asleep and that bothers me.
42. My friends don't like me anymore.
43. When I wake up at night, it is hard to go back to sleep
44. I am losing too much weight.
45. I cause trouble for everybody.
46. I don't want to be with my friends anymore.
47. Everybody picks on me.
48. I get angry easily.
49. School makes me feel nervous.
50. I cry a lot.
51. I talk back to grown-ups.
52. I wake up too early in the morning and it is hard to go back to sleep.
53. I can't have any fun anymore.
54. I think a lot about killing myself.
55. My answers are how I have been feeling most of the time.
56. These answers represent my honest feelings.

Score Sheet
Weinberg Screening Affective Scale (WSAS)

Criteria for depression by self-report

- A. I and II plus four (4) or more of III - X.
- B. Two or more positive items per major symptom category: I- X.
- C. "Yes" response on Question 55.

	<u>Number of Positive Items</u>	<u>Criteria</u>	
I: 9,13,14,16,18,40,48,50	_____	yes	no
II: 2,5,6,20,21,29,31,42,47,54	_____	yes	no
III: 28,32,45,51	_____	yes	no
IV: 38,41,43,52	_____	yes	no
V: 3,10,17,33,34,35	_____	yes	no
VI: 7,25,46	_____	yes	no
VII: 8,12,24,49	_____	yes	no
VIII: 23,27,36,37	_____	yes	no
IX: 4,11,26,53	_____	yes	no
X: 15,19,22,44	_____	yes	no
TOTAL:	_____		

Total number of positive categories

	I	II	III	IV	V	VI	VII	VIII	IX	X			
Response to Question 55											_____	yes	no
DEPRESSION BY SELF-REPORT												yes	no
Death wish - positive on item 6												yes	no
Suicidal ideation - positive on item 54												yes	no

Adapted from Weinberg WA, Emslie GJ: **Weinberg screening affective scales (WSAS and WSAS-SF)**, *J Child Neurol* 3:294-296, 1988.