

**Depression Self-Assessment**  
*Student And Family Assistance Centers*

*Reynolds Adolescent Depression Scale*

**Section A. Please Select From Listed Choices**

**A-1. I feel happy**

- Most of the time                       Sometimes                       Hardly ever  
 Almost never

**A-2. I worry about school**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-3. I feel lonely**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-4. I feel my parents don't like me**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-5. I feel important**

- Most of the time                       Sometimes                       Hardly ever  
 Almost never

**A-6. I feel like hiding from people**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-7. I feel sad**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-8. I feel like crying**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-9. I feel that no one cares about me**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-10. I feel like having fun with other students**

- Most of the time                       Sometimes                       Hardly ever  
 Almost never

**A-11. I feel sick**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-12. I feel loved**

- Most of the time                       Sometimes                       Hardly ever  
 Almost never

**A-13. I feel like running away**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**Depression Self-Assessment**  
*Student And Family Assistance Centers*

*Reynolds Adolescent Depression Scale*

**A-14. I feel like hurting myself**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-15. I feel like other students don't like me**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-16. I feel upset**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-17. I feel life is unfair**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-18. I feel tired**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-19. I feel I am bad**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-20. I feel I am no good**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-21. I feel sorry for myself**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-22. I feel mad about things**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-23. I feel like talking to other students**

- Most of the time                       Sometimes                       Hardly ever  
 Almost never

**A-24. I have trouble sleeping**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-25. I feel like having fun**

- Most of the time                       Sometimes                       Hardly ever  
 Almost never

**A-26. I feel worried**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**Depression Self-Assessment**  
*Student And Family Assistance Centers*

*Reynolds Adolescent Depression Scale*

**A-27. I get stomachaches**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-28. I feel bored**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**A-29. I feel like eating meals**

- Most of the time                       Sometimes                       Hardly ever  
 Almost never

**A-30. I feel like nothing I do helps anymore**

- Almost never                       Hardly ever                       Sometimes  
 Most of the time

**Section B. Scores**

**B-1. DM Score (8-32)**

**B-2. AN Score (7-28)**

**B-3. NS Score (8-32)**

**B-4. SC Score (7-28)**

**B-5. Total Score (30-120)**

**Section C. Clinically Significant Endorsements**

**C-1. \*CLINICALLY SIGNIFICANT\*: I feel lonely**

**C-2. \*CLINICALLY SIGNIFICANT\*: I feel like hiding from people**

**C-3. \*CLINICALLY SIGNIFICANT\*: I feel like hurting myself**

**C-4. \*CLINICALLY SIGNIFICANT\*: I feel like hurting myself**

**C-5. \*CLINICALLY SIGNIFICANT\*: I feel I am bad**

**Depression Self-Assessment**  
*Student And Family Assistance Centers*

*Reynolds Adolescent Depression Scale*

**C-6. \*CLINICALLY SIGNIFICANT\*: I feel I am no good**

**C-7. \*CLINICALLY SIGNIFICANT\*: I feel like nothing I do helps anymore**